

School-Age Education

Pages 204-207 Replace EDU 153 with EDU 158 in School-Age Education curriculum.

COURSE DESCRIPTIONS:

	Work Exp/			
	Class	Lab	Clinical	Credit
EDU 158 Healthy Lifestyles – Youth Prerequisites: ENG 080, RED 080 Corequisites: None This course introduces the topics of health, safety, nutrition, physical activities and environments for the school-age child/youth that promote development, fitness and healthy lifestyles. Topics include the use of physical and nutritional/cooking activities (indoor/outdoor, teacher-directed/youth-directed) appropriate for youth developing typically/atypically; safe/healthy menu planning; safe/healthy environmental design, assessment and supervision. Upon completion, students should be able to plan/facilitate safe/healthy physical and nutritional/cooking activities, discuss safety policies/regulations and identify health/safety/nutritional needs of youth. Catalog Addendum Effective Fall 2011 Semester (Approved by RCC Curriculum Committee 10/26/10)	3	0	0	3